



## **Examination preparation**

**Depending on the type of examination you have been sent for please follow the below guidelines, if your test isn't listed there are no specific requirements prior to the scan:**

### **Abdomen**

For a study of the liver, gallbladder, spleen, and pancreas, Please avoid eating for eight hours before the test and drink 1 pint of water. If diabetic please ask for a morning appointment

### **Renal**

For ultrasound of the kidneys, Please drink four to six glasses of water about an hour before the test to fill your bladder. Please avoid eating for 8 Hrs before the test to avoid gas buildup in the intestines. If diabetic please ask for a morning appointment

### **Pelvic**

Please drink four to six glasses of water about an hour before the test to fill your bladder.

### **Aorta**

For ultrasound of the aorta, Please avoid eating for eight to 12 hours before the test.

**Detailed information regarding typical ultrasound examinations can be found here:**  
<https://www.radiologyinfo.org/en/submenu.cfm?pg=ultrasound>